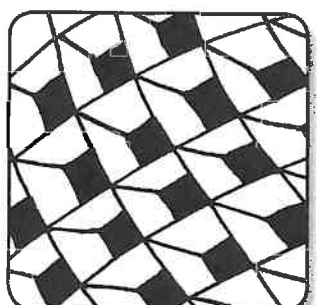
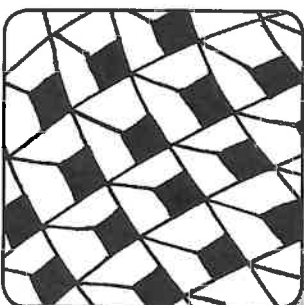
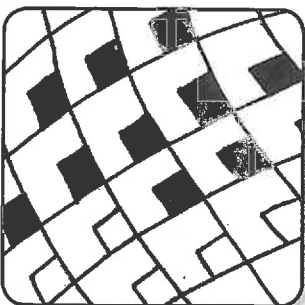
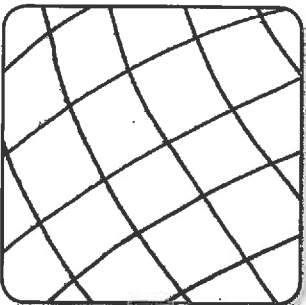
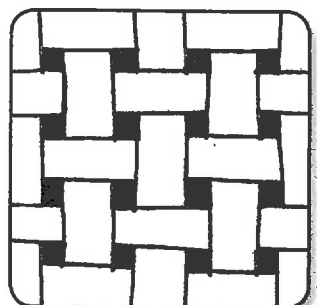
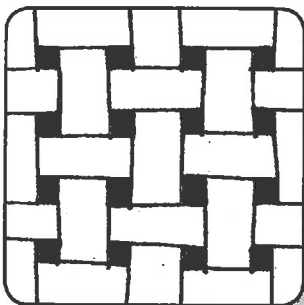
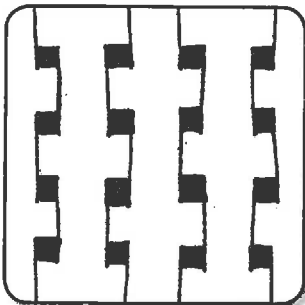
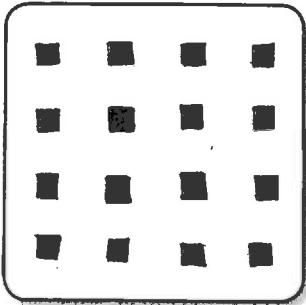
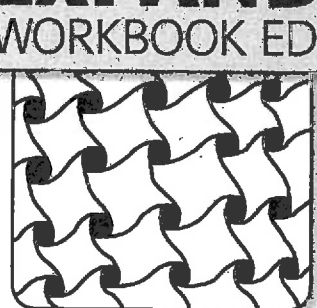
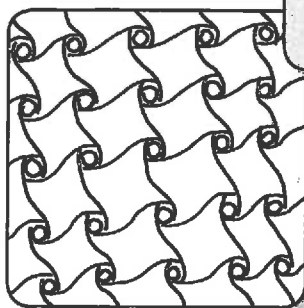
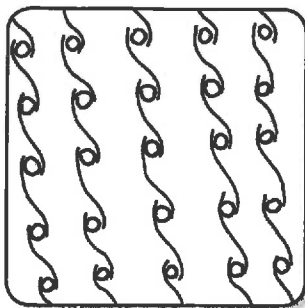
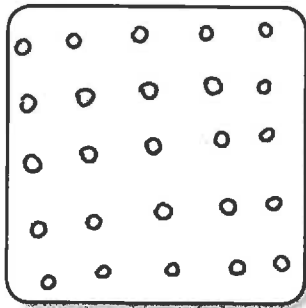


Zentangle 1

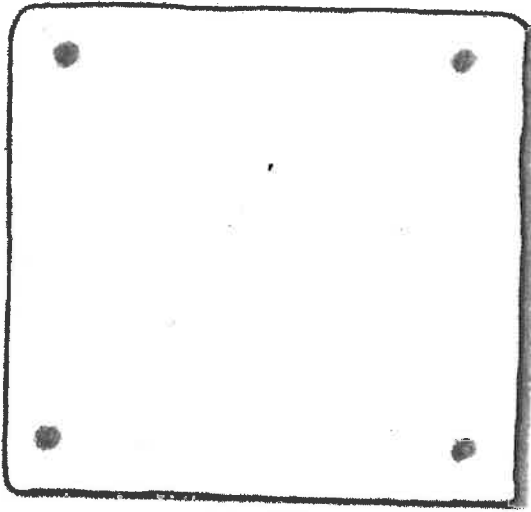
BASICS

EXPANDED
WORKBOOK EDITION

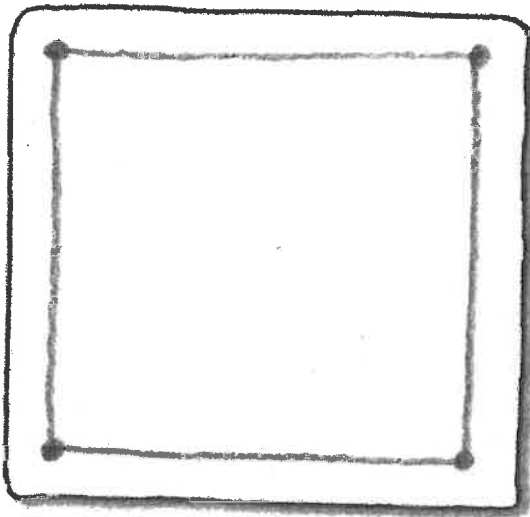


Suzanne McNeill, CZT

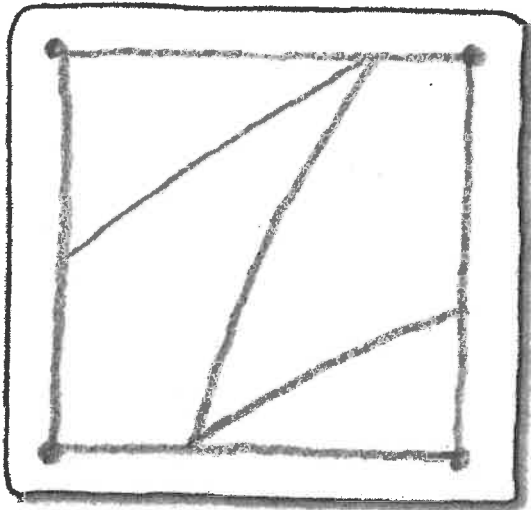
How to Get Started...



1. Use a pencil to make a dot in each corner.



2. Connect the dots.



3. Draw a "string" as a guide line. Try a zigzag, a loop, an X 'X' or a swirl.

Traditional Zentangles...

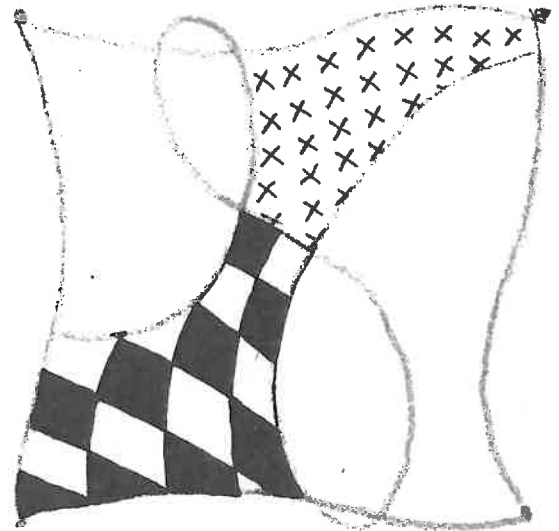
A very simple process is part of every traditional Zentangle.

1. Make a dot in each corner of a paper tile with a pencil. Connect dots to form a basic frame.
2. Draw guideline "strings" with the pencil. The shape can be a zigzag, swirl, X, circle or just about anything that divides the area into sections.

It represents the "golden thread" that connects all the patterns and events that run through life.

The lines will not be erased but become part of the design.

3. Use a black pen to draw Tangle patterns into the sections formed by the "string".
4. Rotate the paper tile as you fill each section with a pattern.



4. Switch to a pen and draw tangle patterns into the sections formed by the "string".

Tips:

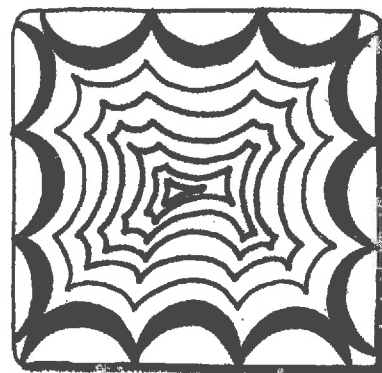
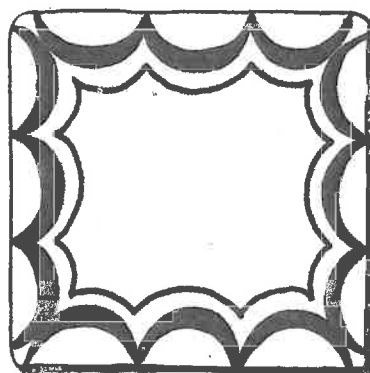
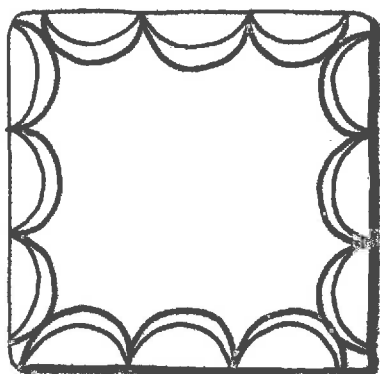
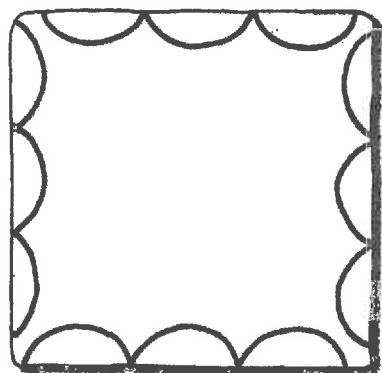
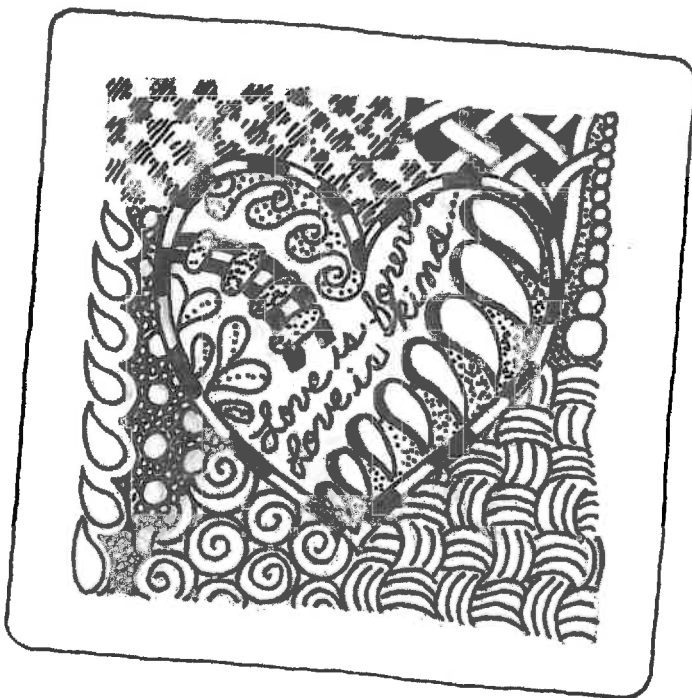
- When you cross a line, change the pattern.
- It is OK to leave some sections blank.

TANGLES

Each Tangle is a unique artistic design and there are hundreds of variations. Start with basic patterns, then create your own.

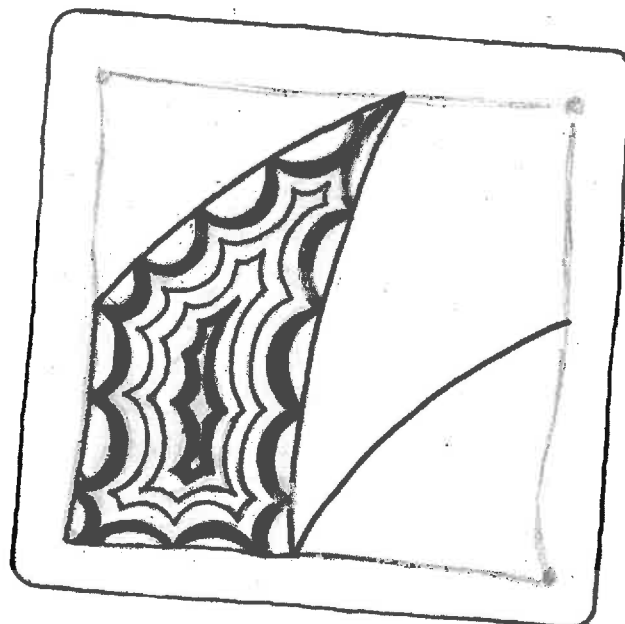
With Zentangle, no eraser is needed. Just as in life, we cannot erase events and mistakes, instead we must build upon them and make improvements from any event.

Life is a building process. All experiences are included into our learning process and into our life patterns.



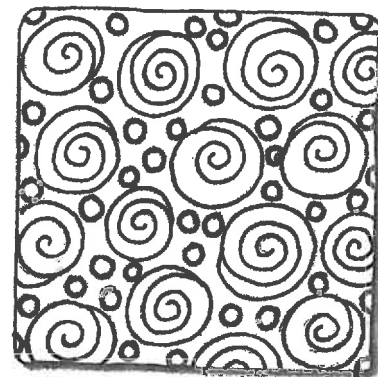
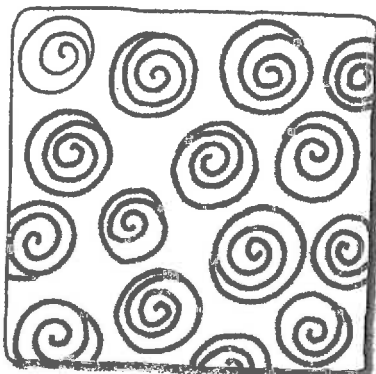
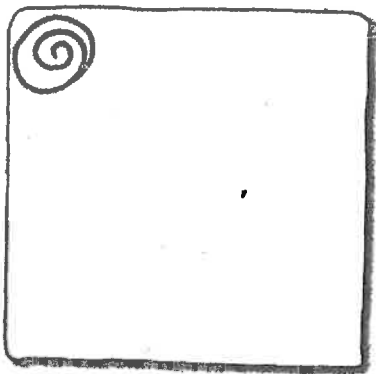
Crescent Moon*

1. Draw curved humps along the inside edges of any section.
2. Draw a curved line on each hump to create arches or moon shapes.



3. Color each moon with black.
4. Draw a continuous curved line inside of the moons.
5. Draw additional curved lines to fill the section.

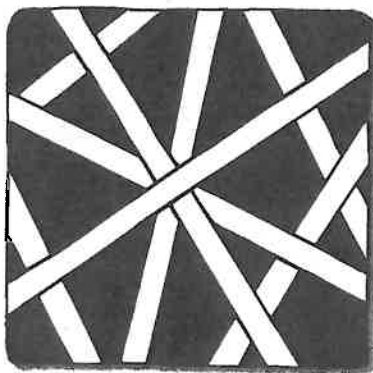
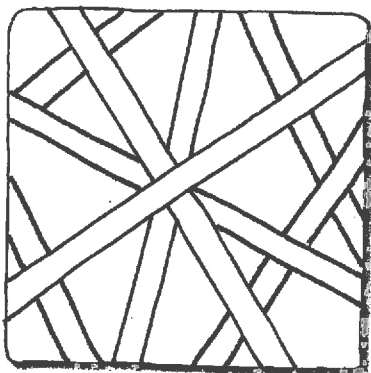
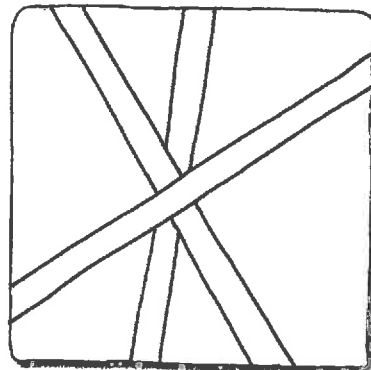
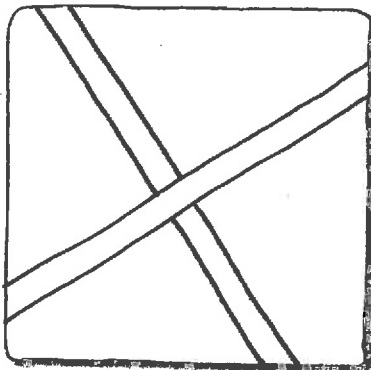
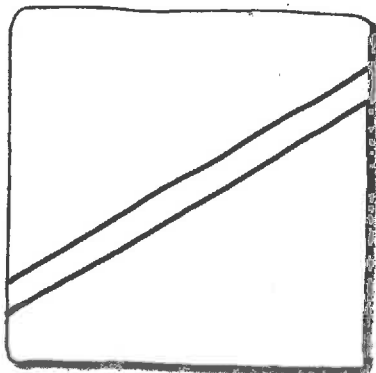
**original Zentangle design - Variation*



Printemps*

1. Draw a small spiral, sort of like a cinnamon bun or jelly roll. Start with a small "C" shape then spiral around it and close the end of the spiral.
2. Make more spirals to fill the section.
3. Add small circles to fill spaces in the section.
4. Color the background with black.

**original Zentangle design - Variation*

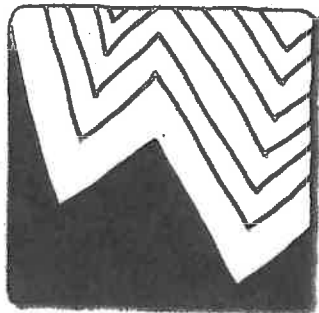
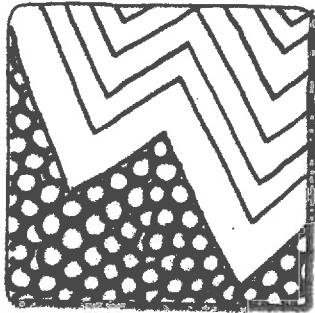
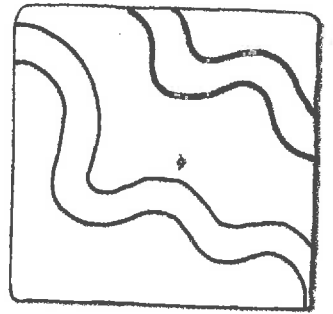
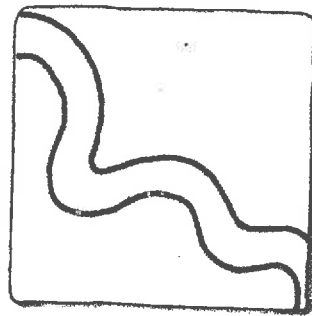
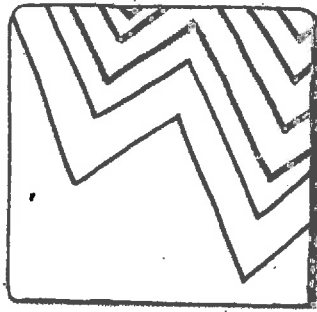
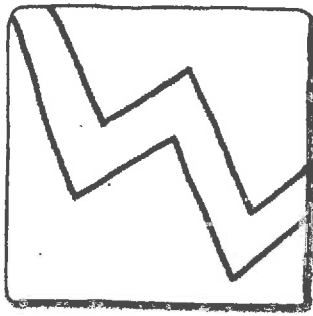


Hollibaugh*

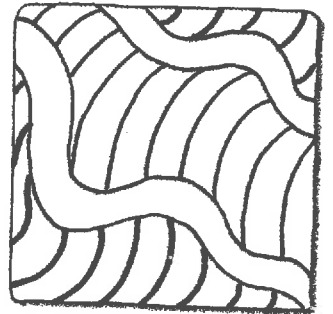
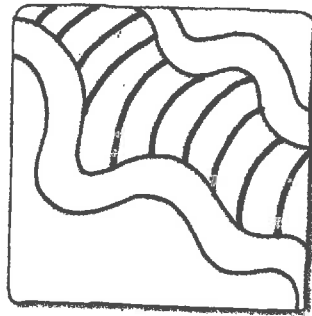
1. Draw two parallel lines across a section.
2. Rotate the tile then draw another pair of lines letting the shape appear to go "behind" the first one.

3. Rotate the tile again and draw another pair of lines that goes under. Rotate and repeat until the section is filled.
4. Color the background with black if desired.

**original Zentangle design*

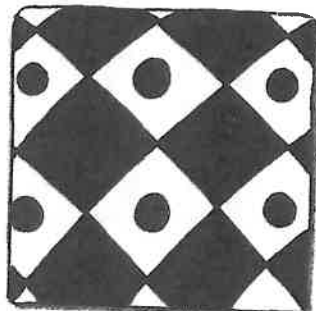
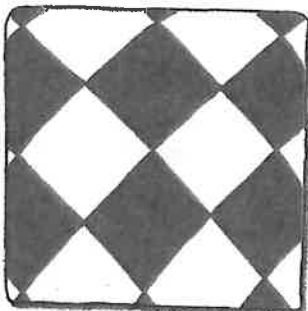
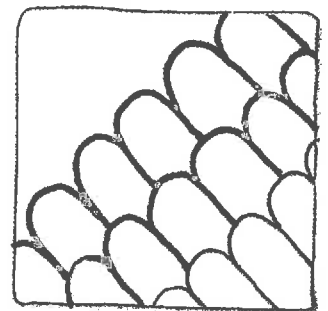
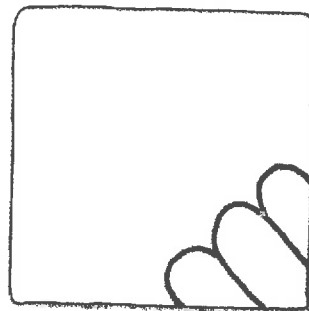
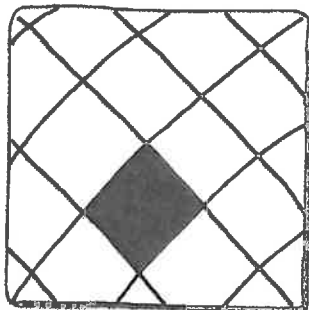
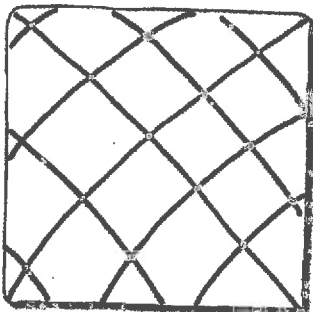


Variation

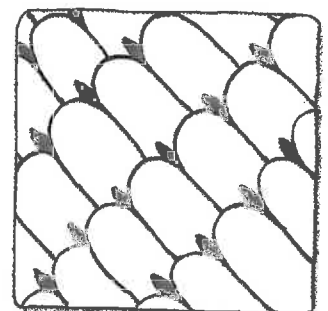
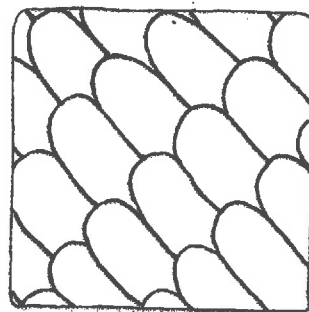


Chartz* Adaptation

Waves



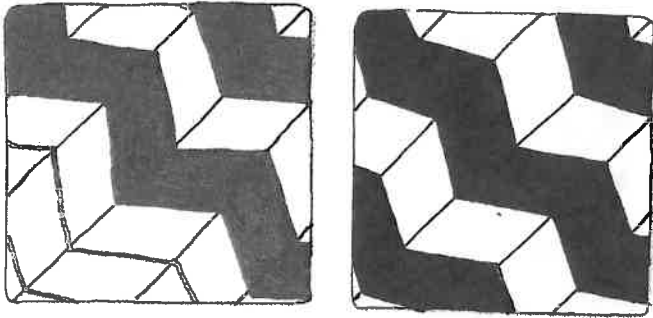
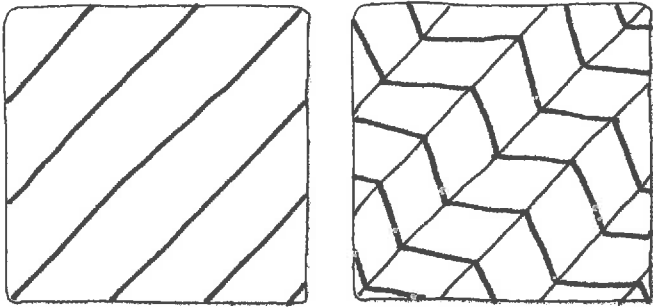
Variation



Knightsbridge*

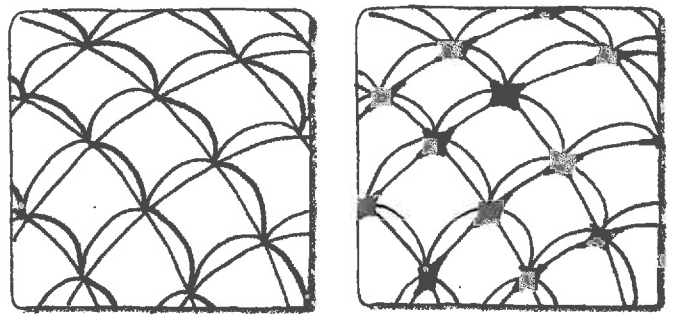
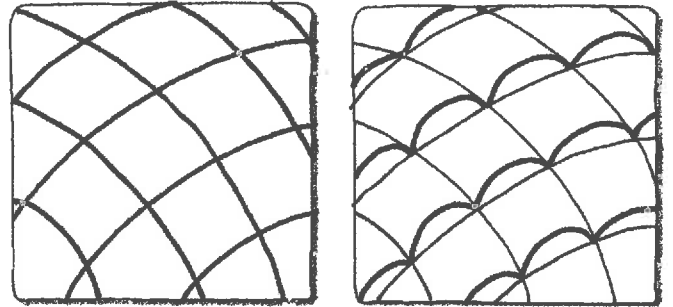
*original Zentangle design

Tagh*



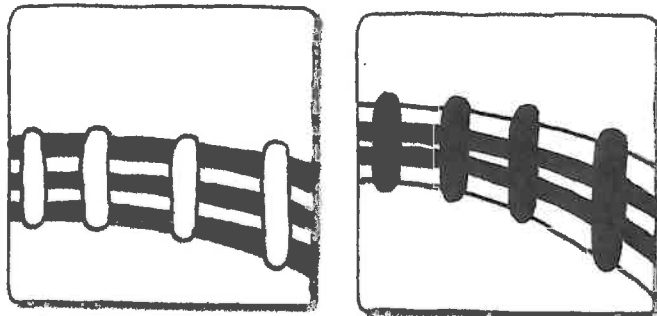
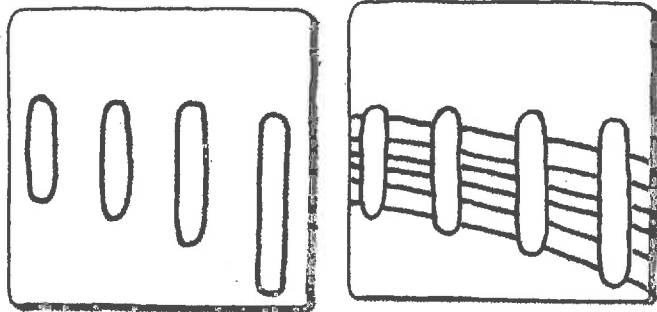
Jonqal*

*original Zentangle design - Variation



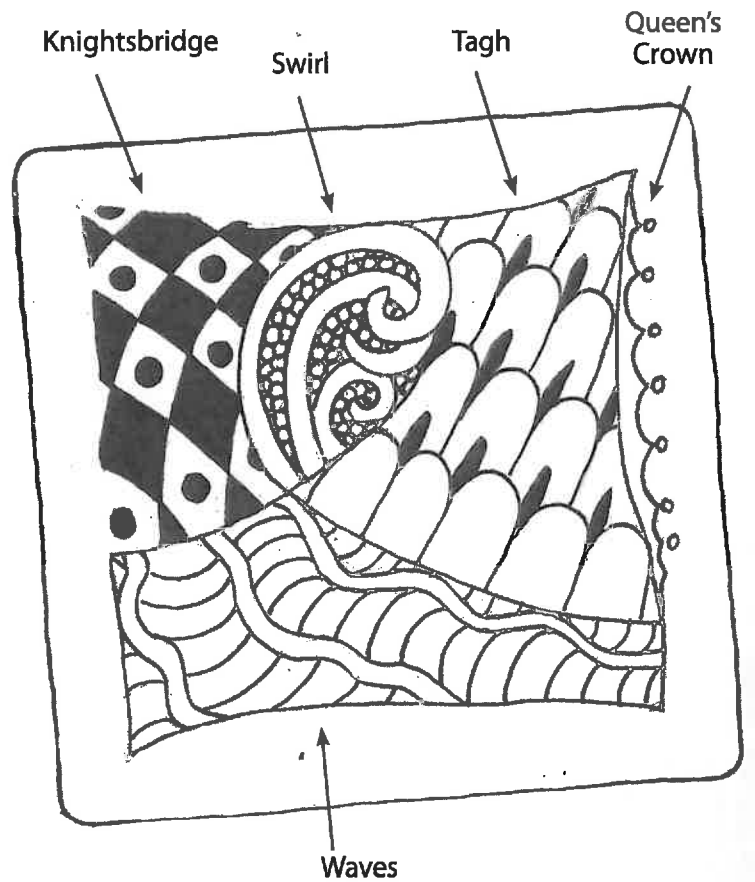
Chillon*

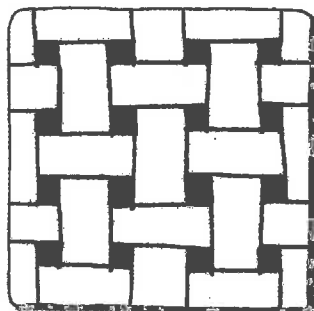
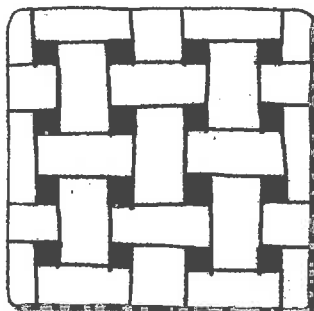
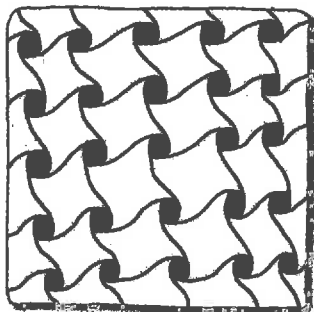
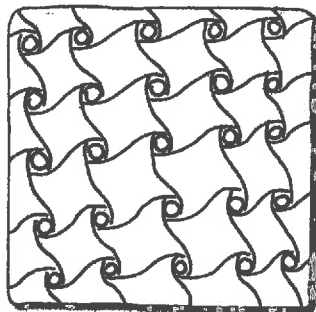
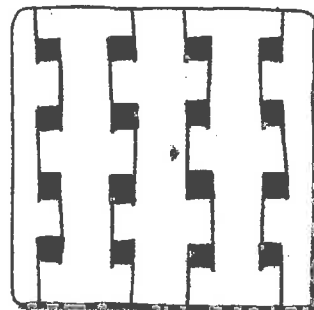
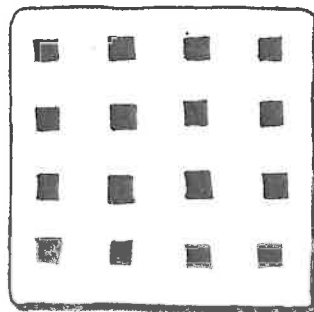
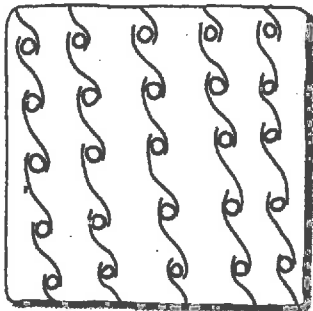
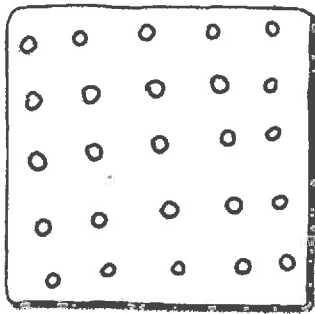
*original Zentangle design - Variation



fence,

Variation



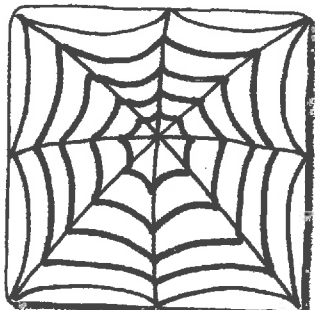
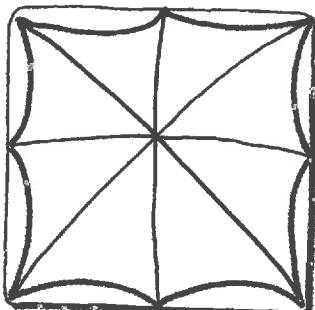
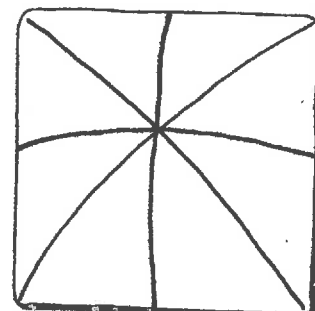
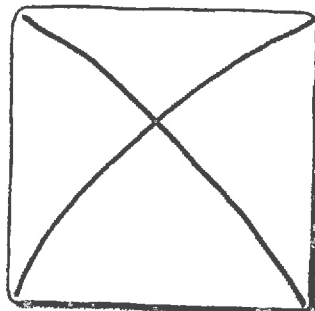
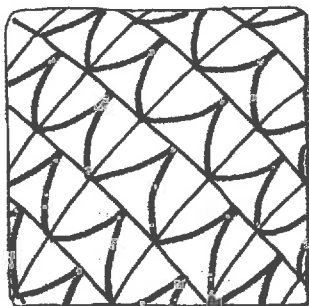
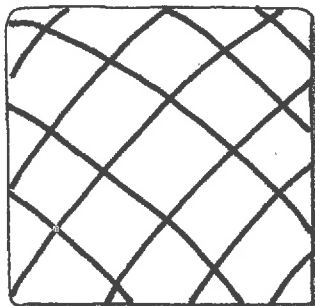


Cadent*

**original Zentangle design - Variation*

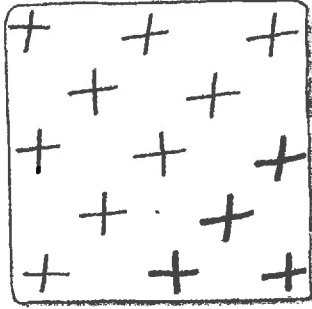
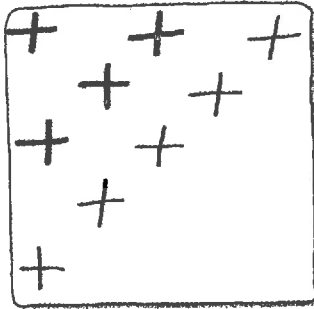
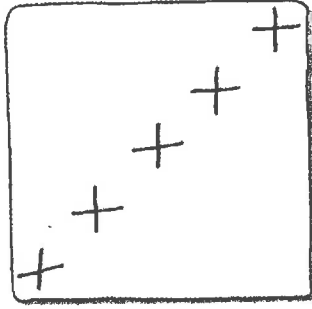
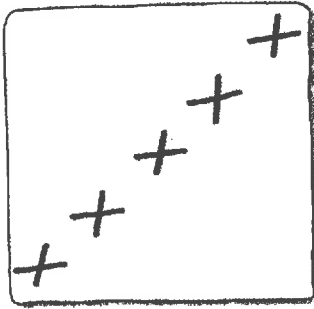
W2*

**original Zentangle design*

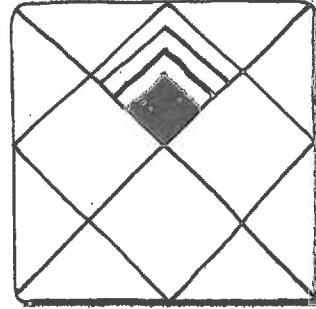
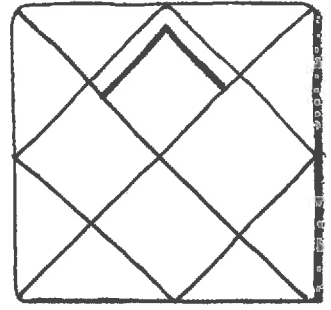
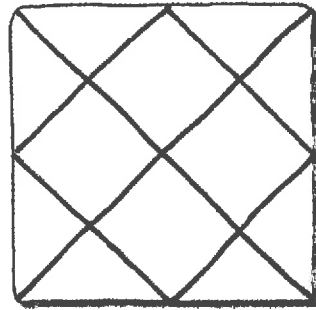


flying Geese

Web

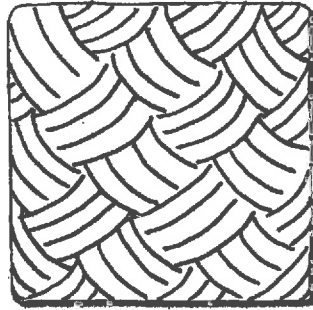
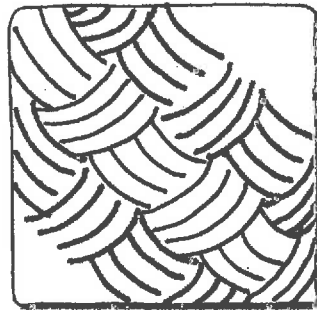
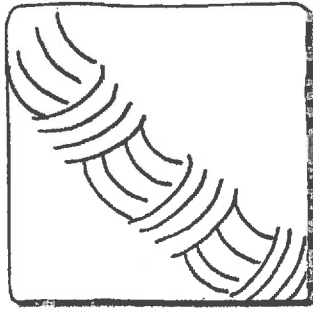
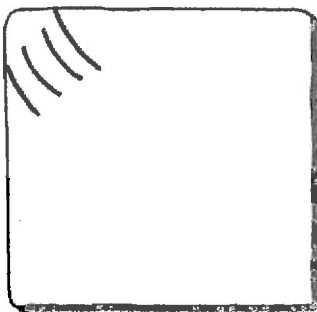


Cross Stitch



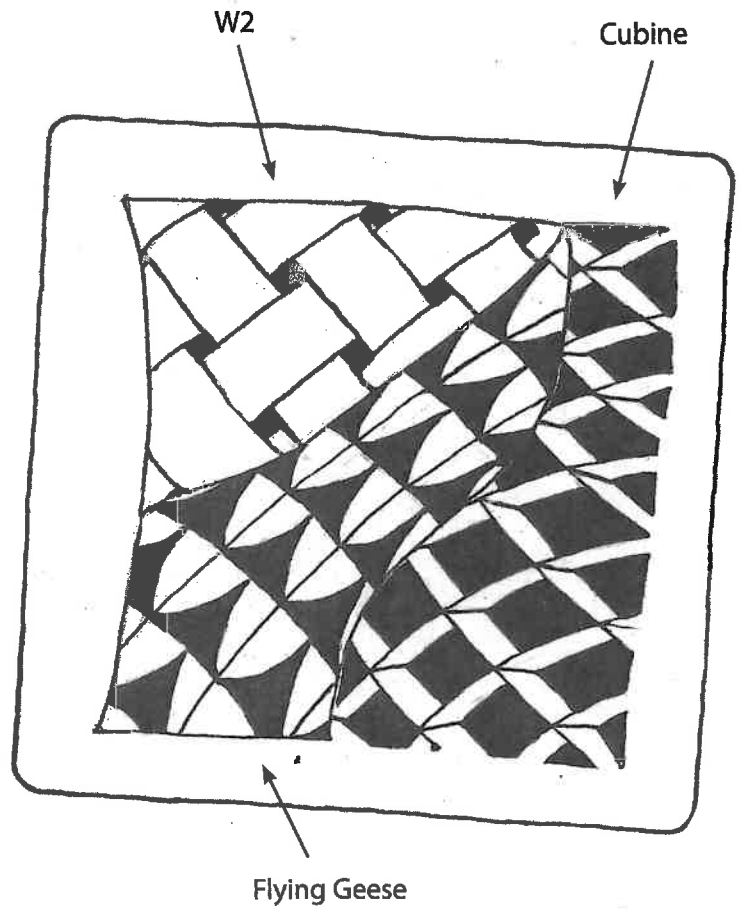
flukes*

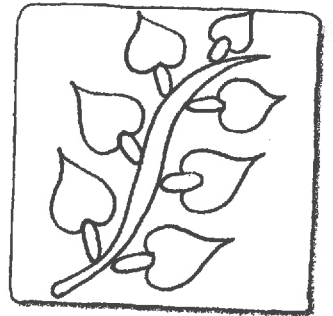
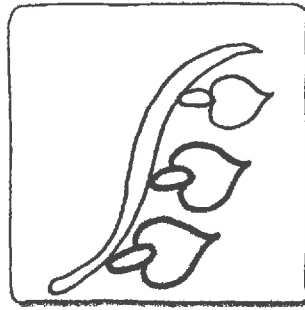
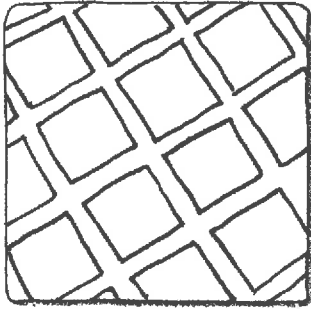
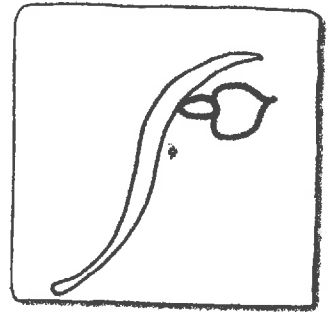
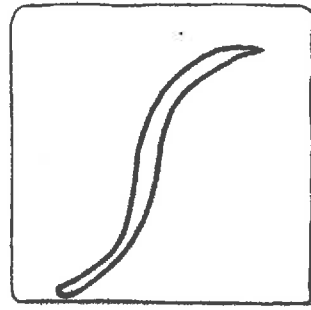
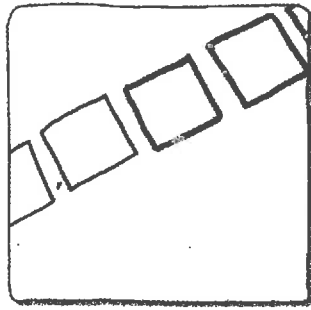
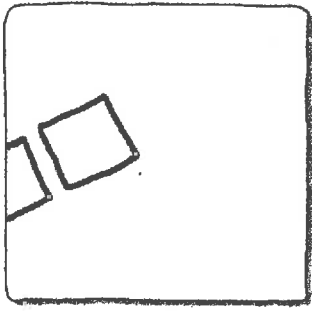
**original Zentangle design - Variation*



Keekp*

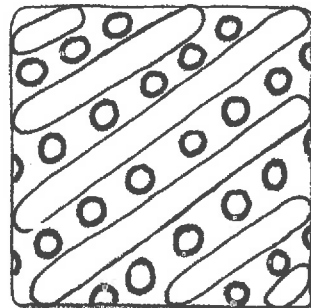
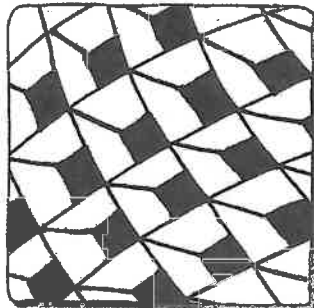
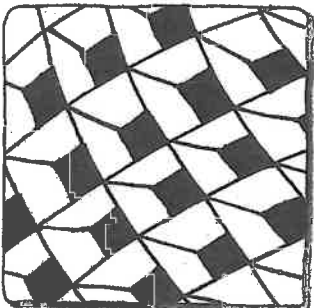
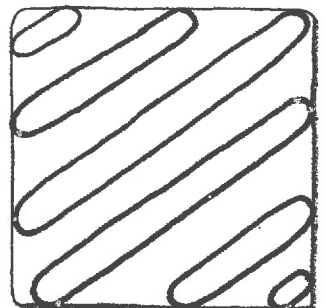
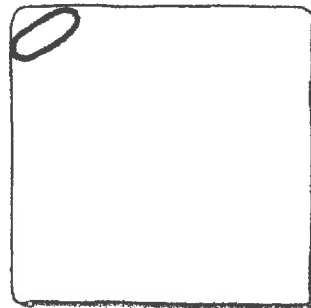
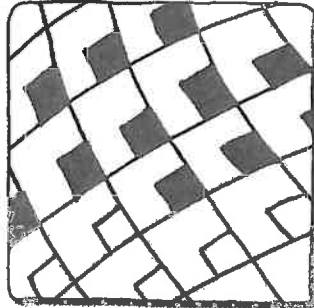
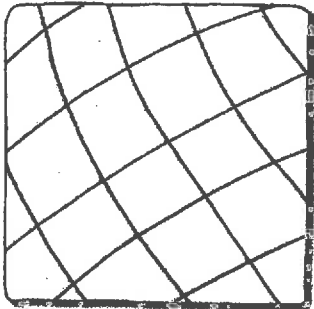
**original Zentangle design*





Squares

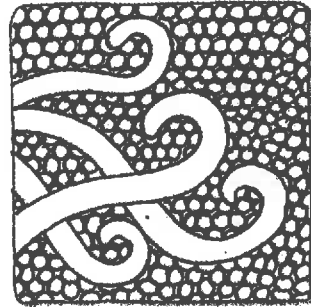
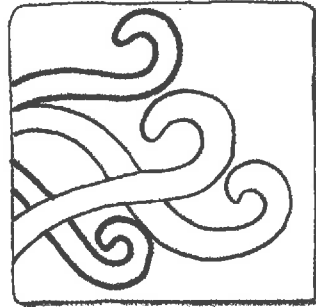
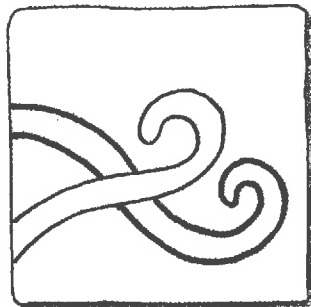
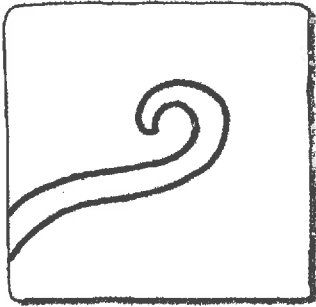
Growth



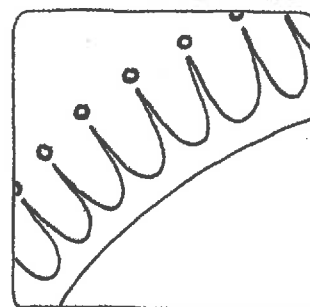
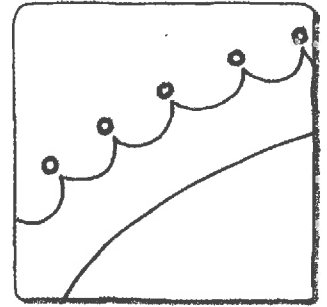
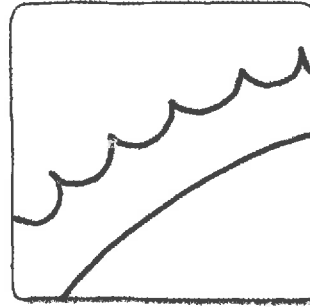
Cubine*

**original Zentangle design*

Corn Rows



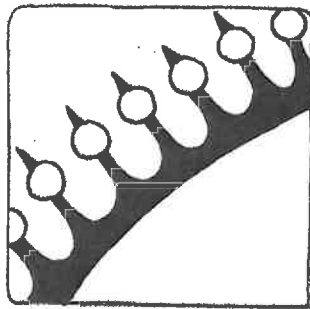
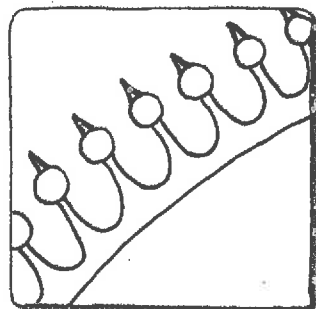
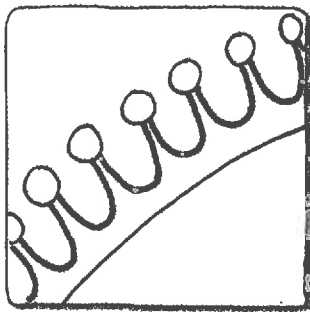
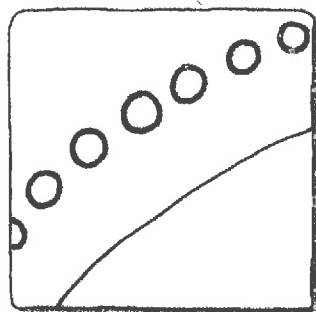
Swirls



Variation

Variation

Queen's Crown



King's Crown

